Dear Judokas,

On behalf of the Board of Directors of Judo Canada, we would like to welcome all of you to the 2020 CANADA CUP to be held in the city of Montreal (Quebec), Canada, on June 26\textsuperscript{th}, 27\textsuperscript{th} and 28\textsuperscript{th}, 2020, which will involve all the federations affiliated to the International Judo Federation.

The competition will be a recognized PANAMERICAN Cup held for the Cadets U18 and the Junior U21, and finally, a U16 and Senior event for men and women. At the same time, we will organize a training camp at our beautiful NTC from June 29\textsuperscript{th} to July 3\textsuperscript{rd}, 2020. While waiting to see them participating and perform in Montreal, to the athletes, coaches and referees, we wish you all good luck and an excellent tournament. We hope that you can make fond memories that will last a lifetime.

Good luck in your pursuit of excellence and see you soon in Montréal.
Dear Friends,

On behalf of the Pan American Judo Confederation, we give you the warmest welcome to the Cadet and Junior Montreal 2020 Pan American Cup.

For the Pan American Judo Confederation, it is of the utmost importance that events continue to be carried out and promoted in these categories, as this serves for the development of future Olympic competitors.

I thank and congratulate the Judo Federation of Canada for their valuable support in organizing this event, wishing all competitors, coaches and support staff, that this Championship is a great experience, with achievements and successes.

Manuel Larrañaga
President of PJC
**SCHEDULE**

*Attention: The schedule may be modified according to the total number of entries and circumstances of competition.*

<table>
<thead>
<tr>
<th>Thursday, June 25th, 2020</th>
<th>REGISTRATION/ACCREDITATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00–16:00</td>
<td>Accreditation</td>
</tr>
<tr>
<td>16:00-18:00</td>
<td>Meeting of the referees</td>
</tr>
</tbody>
</table>

**Attention:** After 16:00 there will be no possibility for adding or changing the entries (U18 & U21).

<table>
<thead>
<tr>
<th>Thursday, June 25th, 2020</th>
<th>REGISTRATION/ACCREDITATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>18:00-19:00</td>
<td>Draw</td>
</tr>
<tr>
<td>18:30–19:00</td>
<td>IJF Cadet Unofficial Weigh-in</td>
</tr>
<tr>
<td>19:00–19:30</td>
<td>IJF Cadet Official Weigh-in:</td>
</tr>
<tr>
<td></td>
<td>Women: -40, -44, -48, -52, -57, -63, -70, +70 kg</td>
</tr>
<tr>
<td></td>
<td>Men: -50, -55, -60, -66, -73, -81, -90, +90 kg</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Friday, June 26th, 2020</th>
<th>IJF CADET COMPETITION &amp; IJF JUNIOR WEIGH-IN</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:00</td>
<td>Elimination/Repechage/Semi-finals</td>
</tr>
<tr>
<td>14:00</td>
<td>Final Block: Medal Contests</td>
</tr>
<tr>
<td>18:30–19:00</td>
<td>IJF Junior Unofficial Weigh-in</td>
</tr>
<tr>
<td>19:00–19:30</td>
<td>IJF Junior Official Weigh-in:</td>
</tr>
<tr>
<td></td>
<td>Women: -48, -52, -57, -63, -70, -78, +78 kg</td>
</tr>
<tr>
<td></td>
<td>Men: -60, -66, -73, -81, -90, -100, +100 kg</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Saturday, June 27th, 2020</th>
<th>IJF Junior Competition</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:00</td>
<td>Elimination/Repechage/Semi-finals</td>
</tr>
<tr>
<td>14:00</td>
<td>Final Block: Medal Contests</td>
</tr>
<tr>
<td>18:30–19:00</td>
<td>Canada Cup U16 &amp; Senior Unofficial Weigh-in</td>
</tr>
<tr>
<td>19:00 – 20:00</td>
<td>Canada Cup U16 Official Weigh-in:</td>
</tr>
<tr>
<td></td>
<td>Women: -36, -40, -44, -48, -52, -57, -63, -70, +70 kg</td>
</tr>
<tr>
<td></td>
<td>Men: -38, -42, -46, -50, -55, -60, -66, -73, +73 kg</td>
</tr>
<tr>
<td></td>
<td>Canada Cup Senior Official Weigh-in:</td>
</tr>
<tr>
<td></td>
<td>Women: -48, -52, -57, -63, -70, -78 kg, +78 kg</td>
</tr>
<tr>
<td></td>
<td>Men: -60, -66, -73, -81 kg, -90 kg, +100 kg</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Sunday, June 28th, 2020</th>
<th>Canada Cup Competition – U16 and Senior</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:00</td>
<td>Elimination/Repechage/Semi-finals</td>
</tr>
<tr>
<td>Following</td>
<td>Final Block: Medal Contests</td>
</tr>
</tbody>
</table>

3
DATES

- JUDBASE registration for U18 and U21: June 19th, 2020
- Hotel reservation: May 22nd, 2020 – Reservations of extra rooms past the deadline will be surcharged with an additional 10%.
- Visa application: April 26th, 2020 – Extremely important – Later application will not be successful
- Registration for U16 and Senior: June 19th, 2020
- Accommodations full payment: May 25th, 2020
- Travel information: May 25th, 2020

ORGANIZING COMMITTEE

Judo Canada
4141 avenue Pierre-De Coubertin
Montreal, QC
H1V 3N7
Email: event@judocanada.org

Emergency contacts
Phone: +1 514 255 5836

TOURNAMENT VENUE

Competition venue
Centre Pierre Charbonneau
3000 rue Viau
Montreal, QC
H1V 3J3

ACCOMMODATION

Official hotels of the tournament:

Hotel Universel (Official hotel)
5000 Sherbrooke East,
Montreal, Quebec, Canada
Phone: 1-514-253-3365
Contact: http://hoteluniverselmontreal.com/
Check-in time: 15:00 / check-out time: 12:00 / Free Wi-Fi

- All prices are per person per night:
  - Single room:
    - bed and breakfast: US$240 (after April 26th: US$264)
    - full board: 280$ USD (after April 26th: US$308)
  - Twin room (2 separate beds):
    - bed and breakfast: US$180 (after April 26th: US$198)
    - full board: US$220 (after April 26th: US$242)
Note: All participants to be accredited should stay at the official hotel. Reservations at the official hotels must be booked exclusively through the organizer. Minimum 3 nights.

Delegates who are not accommodated via the organiser must pay an accreditation fee of 200 USD per person.

Reservations of extra rooms at the check-in may be surcharged with an additional 10%.

If rooms need to be cancelled please inform the organizer immediately. Cancellation of rooms cannot be made at check-in. Illness, injuries or visa problems are not valid reasons for the cancellation of rooms. If rooms are cancelled the organizer has the right to charge the participating delegation as follows:

- Up to 30 days before the arrival - full refund.
- From 29 – expected arrival - no refund, 100% of the hotel cost must be paid.

**PAYMENT**

All bank fees and bank transfer costs are to be paid by the participating National Federation to the following bank:

**BANK DETAILS**

Name of bank
National Bank Of Canada

Bank address
5880 rue Sherbrooke Est, Montreal, Qc

BIC Code
BNDC CA MM INT

Account No
0011862

Bank Code
CC0006

Branch transit
11871

Beneficiary
Judo Canada

Beneficiary's address
4141 Pierre de Coubertin, Montreal, QC, H1V 3N7, Canada

Payment Title
No of Invoice and Country

**TRANSPORTATION**

The Organizer will not provide transfers between the official hotel and the competition venue. It is 5 minutes walking distance.

Transport provided to or from airport Pierre Eliot Trudeau available only for delegation staying at the official hotel for 3 nights.
PARTICIPATION

This Canada Cup championship is open for all IJF Member Federations. There is no limit in number of entries per country per age per weight division.

U18 and U21

Canada Cup is an official IJF tournament- Continental Cup for U18 and U21. All participants and coaches for these divisions must be registered on IJF JUDOBASE. Athletes and coaches must send Judo Canada a Passport picture with white background.

The eligibility requirement for Canadian athlete is the participation at the 2020 Open National.

Not mandatory for U16 and Senior categories.

ACCREDITATION AND CONTROL OF NATIONALITY

A minimum of one and maximum of two team officials must attend the accreditation on Thursday from 10:00 to 16:00 to confirm the delegation. Without this confirmation in time, a nation/club will not be put into the draw and will not be allowed to compete.

Passports or photocopies of passports from all competitors must be available on request for U18 & U21 (national ID Card showing nationality and date of birth or a copy is also accepted).

REGISTRATION

- **U18 and U21:**
  - The registration must be done with the IJF online registration system JUDOBASE at [http://www.judobase.org](http://www.judobase.org). Delegations that do not register within the indicated date on that website will not be able to participate, without exception.
  - **DEADLINE:** June 19th, 2020

- **U16 and Senior:**
  - The registration must be done online: [https://www.judocanada.org/event/canada-cup-3/?instance_id=551](https://www.judocanada.org/event/canada-cup-3/?instance_id=551)
  - **DEADLINE:** June 19th 2020

- A PJC entry fee per athlete will have to be paid through the following link: [https://register.panamjudo.org/](https://register.panamjudo.org/)

- No refunds permitted under any circumstances.

WEIGH-IN

The official weigh-in of athletes will be scheduled the day before the competition at 19:00-19:30 (see program).

Athletes must present accreditation card and his/her passport (National ID Card showing nationality and date of birth are also accepted).
- **U18 & U21:**
  - Random weight checks of 4 (four) athletes per weight category (except for the + categories) with the same rules as the official weigh-in can be organized before the first fights in the morning of the competition. The athletes must present their accreditation card. The weight of the athlete cannot be more than 5% higher (without judogi) than the official maximum weight limit of the category.

- **U16 and Senior: Judo Canada Standard will be used**
  - Two consecutive days of competition: the athlete must do the check-in only.
  - One day off between the tournaments: the athlete must do the weigh-in with 1 kg allowance.

**COACHES**

*All coaches must fully adhere to the Code of Conduct for Judo Coaches.*

- **Dress Code for u18 & u21:**
  - Draw: Jacket suit and tie
  - Elimination rounds: National track suit with trousers reaching down to shoes or jacket suit with tie
  - Final block: Jacket suit with tie

**DRAW**

- The draw will take place on Thursday at 18:00 for U18 & U21 Categories:
  - **U18:** The top eight (8) from the entered competitors in each weight category will be seeded according to the current IJF Cadet World Ranking List.
  - **U21:** The top eight (8) from the entered competitors in each weight category will be seeded according to the current IJF Juniors World Ranking List.

- The draw for U16 & Senior athletes will be conducted after the weigh in on Saturday:
  - **U16:** National medallist in the same category will be seeded.
  - **Senior:** IJF World ranking

**DIVISIONS**

<table>
<thead>
<tr>
<th>U16 – Born in 2005 and 2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
</tr>
<tr>
<td>Male</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Cadet - Born in 2003 and 2004</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
</tr>
<tr>
<td>Male</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Junior - Born in 2000, 2001 and 2002</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
</tr>
<tr>
<td>Male</td>
</tr>
</tbody>
</table>
Technical package – 2020 Canada Cup

<table>
<thead>
<tr>
<th>Senior</th>
<th>Female</th>
<th>-48kg, -52kg, -57kg, -63kg, -70kg, -78kg, +78kg</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>-60kg, -66kg, -73kg, -81kg, -90kg, -100kg, +100kg</td>
<td></td>
</tr>
</tbody>
</table>

* For U16 and U18: Green belt min.
  For U21: Blue belt min.
  For Senior: Minimum age of 15 years old

** Younger participants are allowed to compete as per the Early Bloomer clause: https://www.judocanada.org/tournament/.

**ANTI-DOPING CONTROL (CCES)**

Anti-doping tests might be executed according to the IJF MEDICAL AND ANTI-DOPING HANDBOOK (IJF SOR – Appendix E).

**COMPETITION FORMAT**

- **U16 and Senior:**
  - Double repechage
- **U18 & U21:**
  - The competition will be conducted in accordance with the latest IJF SOR and IJF Refereeing Rules.
  - For an athlete to obtain points for the IJF Junior Ranking List, her/his weight category should have participants from at least 2 different countries. If this is not the case, the competition can still be held, according to the organizer’s decision.
  - If, by the nominal deadline, there is only one country inscribed in any weight category, the organizer is obliged to inform immediately the National Federation concerned.

All issues/cases(s) that are unexpected or deemed exceptional circumstances will be solved by decisions taken by the Judo Canada Sport Committee in cooperation with the Organizing Committee.

**JUDOJI CONTROL**

All Judokas must compete in IJF Approved Judogi (only red label allowed) and Judogis from all IJF suppliers are allowed (see www.ijf.org for official Supplier List).

**Judogi Control**

It will be operated with a Sokuteiki prior to the fight. Judogi must have an IJF Official Label “APPROVED JUDOJI” with an optical code, which cannot be falsified. The label will be controlled with an optical lamp. Each of the competition clothing articles (jacket, trousers and belt) must have an IJF official label.

**Back number**

Each competitor taking part in the CANADA CUP must have the official back number (IJF only are allowed) bearing his surname and his National Olympic Committee abbreviation sewn on the back of his judogi. The back number can be ordered from www.mybacknumber.com or www.ijfbacknumber.com (Attention: production and delivery may
take around 4 weeks). The SPONSOR part (if needed) will be given to the head of delegation during registration, and the athletes can stick it themselves using the special glue on the back number.

**Markings and Advertising**

The space on the **shoulder stripes** (25 cm x 5 cm on both right and left side) and on the **upper arms** (10 cm x 10 cm on both right and left side) can be either used for the federation or Judoka’s own sponsors, **BUT not for any other Judogi supplier**.

The space on the **right chest** (5 cm x 10 cm) can be used by the Judoka for his/her own sponsor. The logo of a Judogi brand can only be used, if it corresponds with the brand of the Judogi itself. Further, no logo of a competing brand of the advertising reserved for the Federation can be used (unless approval granted by the Federation).

**Please note:** It is strictly prohibited to promote tobacco, alcohol, any substances listed in the doping code, or any product or service contrary to public morals on all advertising spaces.

The space on the **left chest** (10 cm x 10 cm) can be used for the national colours or the national emblem corresponding with the NOC code on the back number (regional emblems are not allowed). All other markings on the Judogi, like Judogi brand logos, name of Judoka, etc. must comply with the IJF Judogi Rules.

Detailed information is available on [www.ijf.org](http://www.ijf.org).

**IMPORTANT:**

- If an athlete does not respect the Judogi rules, the athlete will not be permitted to pass the Judogi Control, and the coach who is responsible for the athlete will be suspended for the rest of the competition day.
- The organizer is not obliged to provide reserve Judogi at Judogi Control, but the athlete can present himself/herself in another IJF Approved Judogi, complying with the Sokuteiki rule (and without back number) - in this case no coach can go with this athlete to the mat!
- In the case of a repeated offence the coach will be suspended for the rest of the competition.

**VISA**

!! IMPORTANT !!

The local organisers will assist with visas where possible but having the correct visa is the responsibility of each participant.

Visa applications will only be accepted for people who are inscribed in Judobase for the event.

**Visa contact:**
Marie-Hélène Chisholm, +1 514 255 5836, [event@judo.canada.org](mailto:event@judo.canada.org)

Canada does not have a visa office in every country, so it is important that delegates visit the website of the Canadian visa office responsible for processing their visa application. Information is available on the website on how to submit a visa application and the documentation required.

Processing times for visa applications vary depending on the visa office and the time of the year.

Participants are encouraged to **apply approximately 12 weeks in advance of their departure date to ensure they receive the visa in time.**
<table>
<thead>
<tr>
<th><strong>Electronic Applications (e-Apps)</strong></th>
<th><strong>Submission at a Visa Application Centre (VAC) (In person or by mail)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>This system allows clients to submit applications online.</td>
<td>VACs are commercial service providers authorized by Canada to provide specific services to applicants.</td>
</tr>
<tr>
<td>Delegates that choose to apply online will not have to submit their passport until requested to do so by a visa officer.</td>
<td>VACs provide a number of services to clients, including help applicants fill out forms, answer questions and ensure that applications are complete.</td>
</tr>
<tr>
<td>The visa office will send the applicant instructions on how and where to send their passports to finalize the visa process.</td>
<td>Reduces unnecessary delays or refusals due to incomplete applications.</td>
</tr>
<tr>
<td>VACs serve as a collection point for applicants required to provide a biometric.</td>
<td>VACs send applications to visa offices and transmit decisions to applicants in a secure and confidential manner.</td>
</tr>
<tr>
<td>VACs do not process visa applications and have no decision-making authority.</td>
<td><a href="http://www.cic.gc.ca/english/information/applications/visa.asp">http://www.cic.gc.ca/english/information/applications/visa.asp</a></td>
</tr>
</tbody>
</table>

**NEW – Biometrics (Global Expansion)**
Depending on your nationality, you may be required to give your biometrics. For additional information on whether you require a biometric, please refer to our fast facts about Biometrics.
http://www.cic.gc.ca/english/visit/biometrics.asp

**Electronic Travel Authorization (eTA)**
As of November 10, 2016, visa-exempt foreign nationals are expected to have an Electronic Travel Authorization (eTA) to fly to or transit through Canada. Exceptions include U.S. citizens, and travelers with a valid Canadian visa. Canadian citizens, including dual citizens and Canadian permanent residents, are not eligible to apply for an eTA.
https://www.canada.ca/en/immigration-refugees-citizenship/services/visit-canada/eta.html

**MEDAL CEREMONY**

Medal winners must attend the medal ceremony in their WHITE judogi. Medal winners who refuse to participate in the ceremony will be removed from the result list and will not place (carding points may be removed).

No promotion articles are authorized to be used/displayed (flags, T-shirt, socks or similar items).

**DAMAGES**

No use of bleeding dyes on the body or hair of competitors is allowed. In cases such use is undetected and damage results to the equipment of the opponent or tatami, the competitor will be disqualified and the Provincial or Territorial Association of which that individual is a member will be charged for the damage.
INSURANCE

Judo Canada (or any of its officials or members) will not be liable or responsible for any personal injury nor for any loss or damage to any property resulting from participation and travelling in connection with these championships.

TRAINING CAMP 2020

**Dates:** June 29th to July 3rd, 2020  
**Venue:** National Training Centre  
**Address:** 4141 Avenue Pierre-de Coubertin, Montreal, QC H1V 3N7

<table>
<thead>
<tr>
<th>Time</th>
<th>June 29th</th>
<th>June 30th</th>
<th>July 1st</th>
<th>July 2nd</th>
<th>July 3rd</th>
</tr>
</thead>
<tbody>
<tr>
<td>AM</td>
<td>9:30-11:00 Judo</td>
<td>9:30-11:00 Judo</td>
<td>9:30-11:00 Judo</td>
<td>9:30-11:00 Judo</td>
<td>9:30-11:30 Judo</td>
</tr>
<tr>
<td>PM</td>
<td>17:30-19:30 Judo</td>
<td>17:30-19:30 Judo</td>
<td>17:30-19:30 Judo</td>
<td>17:30-19:30 Judo</td>
<td></td>
</tr>
</tbody>
</table>

All athletes who are not registered at the National Training Centre must register online at: [http://www.judocanada.org/high-performance/national-camp/](http://www.judocanada.org/high-performance/national-camp/). The deadline for registration is June 22nd, 2020.

Requirements to attend the training camp:
- Athletes who are not members of the National Team or participants in the Canada Cup may not attend the national training camp. Exceptions may be made for athletes who are members of Judo Canada or a provincial association and have a minimum of 3rd Kyu.
- Everyone (including officials) is responsible for their accommodations.
- One responsible person (trainer, manager) is required for a ratio of ten (10) underage athletes.
- Training sessions will be conducted by Judo Canada designated coaches.
- There is the possibility that the training sessions may be divided by categories, depending on the number of registrations. The final schedule will be produced once the number of participants is known. Every participant is assured of two (2) training sessions per day.

MORE INFORMATION

For any concern or question, please contact Marie-Hélène Chisholm: event@judocanada.org